



We have tons of great service opportunities!

Volunteer of the Month!



Meet our "Volunteer of the Month" Finn Traner! Finn attends York Middle School, where he is also an active member of their YVC Club! He first became interested in YVC through a friend, Bri Anderson, and after attending two of our summer of service camps last year, became hooked on serving!

He says his favorite projects are the ones where we work with the elderly; Finn said "it's cool

to hear new stories of how people have grown and about their families". He also likes serving with the food bank because he feels like he can see how much he's helping people.

Finn shared that one of his favorite YVC experiences was attending the Valentine's Day Breakfast at the VA Medical Center Spinal Cord Injury Unit. This event was special to him because he got to work alongside his grandfather and talked to some of the patients there. Finn said his favorite part was talking to a man who loved cheese just like he does!

In his spare time Finn enjoys playing tennis, video games, being outside and volunteering! In the future he sees himself attending college and one day working as an engineer for NASA. He loves meeting new people, serving with people from different schools and putting a smile on the faces of others!

Finn is always great to have at our YVC projects; we always appreciate his positive attitude and commitment to serving the community!

Spreading the Love

Throughout this past month our youth volunteers have been busy! In the spirit of Valentine's Day our volunteers were able to craft at the Lydia Roper Home in Norfolk, making tissue paper corsages for the women who live there and serve a delicious breakfast for the residents of the Virginia Medical Center Spinal Cord Injury Unit. They were able to serve breakfast to the residents who weren't able to make it out of their rooms as well as help them with any organizing they needed done all while having a great time socializing with the patients!

Some of our volunteers also took part in YVCHR's Day of Encouragement, making inspirational stones that they have been spreading across the community, putting together activity books for children made up of fun puzzles and coloring pages, and writing cards to the elderly. It was a day for our volunteers to share their creativity and a little kindness with people of all ages across our community.

While our volunteers serve with Special Olympics Bowling every Wednesday, this month they were able to train alongside some awesome Special Olympians at Special Olympics Basketball. They got to spark up some competition, see how good of athletes the Olympians really are and have a great time!



Canstructure 2017



Join us on April 22nd for one of our biggest events, the *Canstructure Contest*. The theme for 2017 is "Honoring American Heroes" and we are hoping to collect 24,000 lbs. of food for families across Hampton Roads! If you are interested in sponsoring this event or if you'd like to honor an American Hero, please contact Laurie Sepanski at (757) 223-7078 or yvchr@cox.net, we would love to have your support!



March Projects

[Click here to Register!](#)

[Special Olympics Bowling](#)

[YVC DAY- Garden of Warwick](#)

[Community Day](#)

[One Night Homeless](#)

[Peninsula Rescue Mission](#)

[Soundscapes Concert](#)

[C. Waldo Scott Center For Hope](#)



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