

# YOUTH VOLUNTEER CORPS HAMPTON ROADS

## *May 2017 Newsletter!*

### *Volunteer of the Month*



Meet our Youth Volunteer of the Month, Cale Overstreet! Cale is a Junior at York High School and attends the engineering strand of the Governor's School for Science and Technology! He has been volunteering with YVCs since 2013 after meeting one of our representatives during a lunch period at Yorktown Middle school and hearing all about the great stuff we do! Since then, Cale has served over 119 hours with YVC and still finds time to do the things he enjoys like running, playing the piano, clarinet and most of all guitar. Following high school he plans to attend a 4 year school to major in Mechanical Engineering/Nuclear Engineering, and we know he'll take his passion for service with him.

Cale shared that when it comes to choosing his favorite YVC project, he simply could not pick just one! He's enjoyed feeding people in need, playing music for the residents of the Alzheimer's Unit at Gardens of Warwick Forest and helping at events for those with special needs like bowling and soccer. Though he couldn't choose a favorite project, he did share that one of his greatest YVC moments came while serving at Gardens of Warwick Forest. Cale said, "When I was playing 'Stairway to Heaven' (by Led Zeppelin), one lady with the Alzheimer's Disease started to sing with my guitar. Even though she has lost many words and memories she had wanted to remember because of the disease, she could sing the song from the beginning to the end. It surprised everyone including me. That was the moment I realized that the power of music and the positive impact of volunteering. I will remember that the rest of my life".

Through volunteering he shared that he's learned how important it is to volunteer, that the impact, no matter what size, is always positive. Cale said "I have come to realize that even a small gesture done as a volunteer for a small child or an elderly person, gives me a joy of serving and insight into something I did not previously know". We are so proud that Cale is a member of our YVC team and look forward to what the future holds for him! Congratulations Cale!

## Canstructure

We'd like to say "Thank you" to everyone who was a part of our Canstructure Contest this year, with your support the Foodbank received 21,00 lbs. of food for people in our community. With over 12 schools competing we saw some really incredible and creative structures in honor of our American Heroes!



1st Place High School: Denbigh H.S.



1st Place Middle School: Dozier M.S.



1st Place Elementary School: Riverside E.S.

## Service, service, service!

This past month our volunteers have been very busy serving all areas of the community! We kicked off April serving at TOP Soccer with some incredible special needs athletes and ended the month serving the animals at Critters 4 U Rescue, where volunteers were able to get hands on experience with cats and dogs in need of adoption! This past weekend our youth joined the American Cancer Society in preparing for Newport News' Relay for Life event working to find a cure for cancer. Their hard work never stops and we are so proud of all they've done and continue to do to better our community!





"Volunteers are paid in 6 figures... S-M-I-L-E-S." ~Gayla Lemaire

### Upcoming Projects!

Please visit <http://www.yvchr.org/upcoming-projects/> to sign up!

- Special Olympics Bowling: May 10th, 17th & 24th
- Noland Trail: May 13th
- Peninsula Rescue Mission: May 15th
- World Arts Celebration: May 20th (FULL)
- Washington DC: June 3rd (FULL)
- Soundscapes Concert: June 6th
- Peninsula Rescue Mission: June 19th

### Summer of Service

Thank you for all of your support in our Summer of Service camp program! We are excited to say that all three of our sessions have been filled! If you sent in registration forms and payment, but have not received confirmation please contact Kim Mulvaney at [kmulvaney@yvchr.hrcoxmail.com](mailto:kmulvaney@yvchr.hrcoxmail.com). We hope you are as pumped as we are to serve this summer!

There are two upcoming events that are in need of volunteers but will not be YVC sponsored (i.e. there will not be a team leader present) but if you choose to serve at either of them we would like to track those hours for you! Please send your hours to [kmulvaney@yvchr.hrcoxmail.com](mailto:kmulvaney@yvchr.hrcoxmail.com)! \*Click the project below for more information\*

-Chik-A-Fil 5k/10k: May 27th; Please contact [susan@livingflatout.org](mailto:susan@livingflatout.org) for more information!

-Blackbeard Festival: June 2nd, 3rd & 4th; Hampton, VA

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